

# *Société Alzheimer Society*

WINDSOR - ESSEX COUNTY

## **CAREGIVER SUPPORT GROUPS: LAKESHORE**

### **SPRING 2010 SERIES**

Meetings are open to anyone involved in the care of a loved one with Alzheimer Disease, or Related Dementia

Members are encouraged to openly discuss their feelings, experiences and concerns in a non-judgmental and supportive atmosphere, with a trained group facilitator

### **LAKESHORE AREA**

March 11<sup>th</sup>, 2010

March 25<sup>th</sup>, 2010

April 1<sup>st</sup>, 2010 (\* on the date only we will begin at 9:30 a.m. and end at 11:30 a.m.)

April 8<sup>th</sup>, 2010

April 22<sup>nd</sup>, 2010

May 13<sup>th</sup>, 2010

May 27<sup>th</sup>, 2010

June 10<sup>th</sup>, 2010

June 24<sup>th</sup>, 2010

It is expected that participants will make every effort to attend *each of the 9 sessions*.

Each session will begin promptly at 1:00 p.m. and end at 3:00 p.m.

Meetings will be held at Seasons Lakeshore at 1700 County Road #22 in Belle River.

**Meetings are free of charge. Participants must pre-register by telephoning 974-2220 x 231.**

**Please call Kristen Nantais, Social Worker at 974-2220 x 231 for more information**



Supported by:

