



Soci t  Alzheimer Society

TRANSITIONS INFORMATION WORKSHOP

FOR CAREGIVERS OF PERSONS WITH ALZHEIMER'S DISEASE & RELATED DEMENTIAS

The following issues will be discussed:

- * how do I know when it's time to consider long-term care placement for my loved one?
 - * are there alternatives to long-term care placement?
 - * what should I look for when choosing a long-term care home?
 - * how do I begin the application process?
 - * how long will it take for my loved one to be placed?
 - * are there services to help me during the waiting period?
- * how do I prepare myself and my loved one for the transition to the LTC home?
 - * how will my role as a caregiver change once my loved one is placed?
- * how do I deal with my feelings of guilt & loneliness after my loved one is placed?
 - * will my loved one be ok without me?

Light refreshments and a light lunch will be provided as part of the workshop at no cost to registered participants

<u>DATE:</u>	<u>TIME:</u>	<u>PLACE:</u>
Monday, March 29, 2010	10.00 am—3.00 pm	2135 Richmond Street, Windsor (Alzheimer Society of Windsor and Essex County)
Monday, November 2, 2010	10.00am—3.00 pm	35 Victoria Street, Essex (Essex Community Services)

PARKING IS AVAILABLE

There is no charge to attend a session, but registration is required as seating is limited.

**To register for a session, please call Jennie Jacobson
or Jennifer Houlahan at 974-2220 ext. 232.**

Supported by:
 **Ontario**
Erie St. Clair Local Health
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